



Established in 1879, Leicestershire County Cricket Club (LCCC) is one of the nation's 18 first-class cricket counties and operates within the sports and entertainment industry. In recent times, LCCC has embarked on a period of significant change, resulting in the appointment of a new Chairman, the recruitment of a new Chief Executive, Head Coach and Club Captain, signalling an exciting new era in the history of the club.

Ensuring the players achieve their full potential is critical if LCCC is to achieve its aspirational vision. To assist with this, LCCC is seeking to appoint an exceptional individual to support the creation of a high-performance coaching structure at the club.

LCCC is seeking to appoint an individual for the following role:

**Assistant Physiotherapist**

**JOB DESCRIPTION**

**Job Title:** Assistant Physiotherapist

**Duration:** Permanent

**Hours per week:** Full Time, some unsocial hours including evenings, weekends and Bank Holidays

**Salary:** Competitive

**Line Manager Position:** Head of Sports Science and Medicine

**Location:** Normally Grace Road, but as and where required

**SUMMARY OF JOB PURPOSE**

To provide physiotherapy services and support to the professional and academy players whilst representing LCCC, including all match day cover at all second team fixtures. Work to enhance the culture of LCCC in terms of upholding the club values and behaviours, strive to achieve the objectives of the Sports Science and Medicine department at all times.

### **Principal Duties and Responsibilities:**

1. Provide matchday physiotherapy coverage at all LCCC Second XI fixtures, ensuring that acute injury management of the highest order is provided in the event of a player from LCCC sustaining an injury.
2. Work within the LCCC Sports Science and Medicine team providing day to day physiotherapy support for both the professional and academy squads at matches and training.
3. Discuss with Strength and Conditioning (S&C) Coaches and Head of Sports Science and Medicine regarding appropriate warm-up and cool-down techniques to be instituted by the physiotherapist in the absence of the S&C Coach at any second team fixtures.
4. Work in collaboration with the Head of Sports Science and Medicine and S&C Coaches to deliver daily injury prevention programmes ensuring ongoing conditioning of Second XI and Academy players throughout the season.
5. Discuss injury findings/concerns with the lead physiotherapist or where appropriate the Club Doctor at the end of the day/match with any medical interventions recorded on the ECB electronic injury database.
6. Work closely with the Head of Sports Science and Medicine and Club Doctor in the management of complex injuries to ensure the highest quality of evidence based care for the LCCC professional and Academy players.
7. In collaboration with the Sports Science and Medicine and coaching team, monitor and review individual players bowling and throwing workloads on a day/weekly basis with formal review at a monthly multidisciplinary support staff meeting
8. Assist in the delivery of in season rehabilitation and injury management to injured Professional and Academy players based at Grace Road, ensuring all players are accommodated when the lead physio is travelling with the First XI.
9. Assist the Head of Sports Science and Medicine and S&C coaches to undertake regular musculoskeletal screening and injury risk profiling of the professional and Academy squad in order to develop individualised personal preparation plans.
10. Assist the Head of Sports Science and Medicine and S&C Coaches in the development and implementation of daily recovery strategies to enhance the performance of the LCCC players during the course of the demanding playing season.
11. Undertake appropriate professional development to enhance and develop knowledge of best practice models of injury prevention and management.
12. Attend monthly LCCC multidisciplinary team meetings to assist in the delivery of player case conferencing and injury updates as well as actively contributing to the performance of the team.
13. Carry out other duties appropriate to the position of Assistant Physio as required.

## **Working Relationships**

- Head of Sports Science and Medicine
- Science & Medicine Team
- ECB Medical Department
- Chief Executive Officer
- Head Coach
- Assistant Coach
- Second XI Coach
- First XI Captains
- Second XI Captains
- Academy Manager
- Academy Administrator
- Academy Coaches
- Cricket Operations Manager

## **PERSON SPECIFICATION**

### **Qualifications:**

#### **Essential**

- Current member of the Chartered Society of Physiotherapists and registration with the Health Professions Council.
- At least two years post graduate experience in the provision of physiotherapy services, with experience of working within a sports environment
- Working experience in the support and preparation of athletes, with specific expertise in injury prevention.
- Working experience in the preparation and delivery of rehabilitation programmes with sporting environments
- An on-going record of CPD with some specific emphasis in sports injury management.
- Excellent interpersonal and communications skills.
- The ability to achieve the ECB accredited advanced life support training within the past two years.
- Full Driving Licence.
- Computer literacy, including MS office and databases.

#### **Desirable**

- A postgraduate qualification specialising in Sports Physiotherapy, Sports and Exercise Medicine or Sports Rehabilitation
- Experience of working within Elite sports environment providing physiotherapy and performance services
- Acupuncture Association or Dry Needling accreditation.
- Experience of working independently within the elite sports setting.
- ECB accredited advanced life support training within the past two years.

### **Personal Attributes, Aptitudes and Abilities:**

- A very good understanding of the ECB pathway and coaching guidelines relevant to the coaching and development role
- A good understanding of athlete development initiatives and the implications they have on coaching.
- Ability to evaluate, review, revise and implement new coaching ideas and methods of working.
- Ability to motivate, persuade, support and influence individuals and organisations.
- A commitment to equal opportunities and working towards equality standards.
- Flexibility to work evenings and weekends.
- Excellent communication and inter-personal skills, both written and verbal.
- A positive attitude with initiative, focus and drive.
- Patience with an orderly approach to problem solving.
- A customer-orientated approach to all facets of the work and LCCC's operations.
- Ability to multitask between multiple threads of diverse aspects of work.
- Ability to work effectively under pressure with minimum supervision.
- Ability to work alone and for the overall benefit of LCCC.
- Ability to work within a team and to contribute to the overall success of the team and LCCC as a whole.
- Ability to interact effectively with all areas of LCCC.
- Ability to contribute positively at all times to a pleasant and friendly atmosphere throughout LCCC.
- Commitment to work to the club standards and within formalised rules, regulations, policies and procedures.

### **EQUAL OPPORTUNITIES IN EMPLOYMENT POLICY STATEMENT**

Leicestershire County Cricket Club will ensure that all existing and potential employees receive equal consideration, and is committed to the elimination of unlawful or unfair discrimination on the grounds of gender, race, disability, colour, ethnic and national origin, nationality, sexuality, marital status, responsibility for dependents, religion, trade union activity and age.

It is the intention of Leicestershire County Cricket Club that its work force, at all levels, should reflect the composition of the city's population. To achieve this Leicestershire County Cricket Club will take active and positive steps to eliminate discrimination and to promote equality in employment.

### **NEXT STEPS**

If you have the necessary skills and characteristics to meet the challenge, then please email your CV with a covering letter to Cricket Operations Manager Dan Nice at [dannice@leicestershireccc.co.uk](mailto:dannice@leicestershireccc.co.uk)

Please note that only shortlisted applicants will be notified and invited to interview.

Closing Date for applications: 5pm on Friday, February 21, 2020.

Interviews: Following week